

SONOMA STATE UNIVERSITY
UPWARD BOUND PROGRAMS
TEACHER RECOMMENDATION FORM

Student's Name: _____ School: _____ Grade: _____

BEFORE YOU START:

This form can be completed and submitted online via our [web form](#)

OR

once you have completed and signed this form you can email it to upwardbound@sonoma.edu.

TO THE RECOMMENDER:

- Upward Bound is designed to assist students in preparing for and enrolling in the four-year college/university of their choice. Students who show potential, but need motivation and/or academic assistance in order to succeed in college may be nominated.
- This Recommendation Form is very important in the evaluation and selection of students.
- Please be as specific as possible in your remarks.
- Recommendation Forms can be returned to the student or returned directly to our office.
- Application Deadline: February 15, 2021

Recommender's Name: _____ Math Science

Phone: _____ Email Address: _____ English History AVID

1. How long have you known the applicant? _____

Under what circumstances? _____

2. Based on your knowledge of the applicant, please rate his/her academic skills or performance:

	Outstanding	Above Average	Average	Below Average	N/A
a) Academic Achievement/Grades					
b) Writing Skills					
c) Reading Skills					
d) Math Skills					

3. Based on your knowledge of the applicant, please rate his/her characteristics, motivation, and potential:

	Strongly Agree	Agree	Slightly Agree	Disagree	N/A
a) Has positive self-image					
b) Demonstrates leadership capability					
c) Self-starter, has intellectual curiosity					
d) Is highly motivated					
e) Handles frustrating or disappointing experiences well					
f) Has potential for academic growth					

4. What qualities best describe the applicant?

5. Upward Bound Programs is a huge commitment in terms of both time and academic dedication. Are you aware of any current circumstances or problems that may affect the applicant's commitment and/or performance in the Program (e.g., family responsibilities, educational preparation, health or emotional aspects, etc.)?

6. What is your assessment of the applicant's potential and motivation to succeed? What is your evaluation of the applicant's capability for undertaking college preparatory high school work?

7. School/Class Attendance: Excellent Good Fair Poor

8. Recommendation level for this applicant to be admitted to the Upward Bound Program:
 Strongly Recommend Recommend Recommend with Reservation Do not Recommend

Signature: _____ Date: _____

Please return to the applicant or return directly to the Upward Bound office:

**Sonoma State University
Upward Bound Programs
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Rohnert Park, CA 94928-3609
Phone: (707) 664-3273 Fax: (707) 664-2886
Email: upwardbound@sonoma.edu**