

Upward Bound Sonoma & Napa Programs

WELCOME TO OUR

April 2026 Newsletter



Spring Break

Our Spring Break was packed with travel, adventure, and new discoveries! We had an amazing time making the journey from Sonoma all the way down to Los Angeles, where we celebrated our seniors and their accomplishments. From fun and informative tours to a very special, and well-deserved, trip to Disneyland, it was a memorable experience for all.



Our first stop in Merced gave us a closer look at emergency services and what it takes to work in the field. We toured a fire station, tried on gear, and even got to watch a few live drills.

Next, we explored the film industry with a tour of Warner Bros. Studios. We visited sets from some of our favorite shows and learned about the creativity, engineering, and hard work that go into every aspect of movie-making.

We then stopped at the California Science Center, where we explored interactive exhibits on topics like the science of fear, the physics of waves, and more.

We wrapped up the trip with a full day at Disneyland, making for an unforgettable experience. We're heading back inspired, energized, and excited as we approach graduation season!

Need Anything? Contact Us!

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WESTOP Conference

This past week, our SSU TRIO staff had the special opportunity to attend the 48th Annual WESTOP Conference in Honolulu, Hawaii!

Not only did we enjoy the warm weather and sandy beaches, but we also had the opportunity to meet and work with TRIO programs from across California, Arizona, Nevada, and the Pacific Islands!

We spent lots of time meeting other TRIO Programs, and learning how to better support our students and community.

We are grateful for the opportunity to learn and collaborate, and we look forward to bringing what we've learned back to our programs!

Recruitment

Applications for the 2025–2026 school year are open!

Upward Bound is a college preparatory program that supports **low-income and first-generation** students as they prepare to apply to and attend a four-year university. It's a valuable resource for both students and their families.

If you, or someone you know, are interested in participating in the Upward Bound Program, be sure to visit our website, or drop by our office to submit an application!



We have more events coming down the pipeline, so stay tuned for future newsletters, emails, and social media posts to stay up to date!