

**Sonoma State University  
Upward Bound Programs**

**APPLICATION CHECKLIST**

- ☐ Complete all four (4) pages of the application, which includes:
  - Student Information, Parent/Guardian Information, and Student Academic Information
  - Transcript and Other Academic Records Waiver (**parent and student, please be sure to sign!**)
  - Summary (**parent, please be sure to sign!**)
  - Seven (7) Short Answer Questions
  - Personal Statement
  
- ☐ Current Transcript
  - Include a copy of your current transcript with Fall grades.
  
- ☐ Income Verification Form
  - Complete the enclosed Income Verification Form.
  
- ☐ Counselor Recommendation Form
  - To be completed by your **counselor or school personnel (assistant principal/principal)**.
    - Parents must sign the Academic Records Release Statement before the form can be given to the counselor.
  
- ☐ Teacher Recommendation Form
  - To be completed by your **Math, Science, English, History, or AVID** teacher.
    - **If you are applying to the Upward Bound Math & Science Program, it is required that your Teacher Recommendation Form be from a Math or Science teacher.**

**The Upward Bound Programs Application Deadline is  
February 15th.**

*If you have any questions, please call email [upwardbound@sonoma.edu](mailto:upwardbound@sonoma.edu) or call (707) 664-3273.*