

**SONOMA STATE UNIVERSITY**  
**UPWARD BOUND PROGRAMS**  
**TEACHER RECOMMENDATION FORM**

Student's Name: \_\_\_\_\_ School: \_\_\_\_\_ Grade: \_\_\_\_\_

**BEFORE YOU START:**

This form can be completed and submitted online via our [web form](#)

**OR**

once you have completed and signed this form you can email it to [upwardbound@sonoma.edu](mailto:upwardbound@sonoma.edu).

**TO THE RECOMMENDER:**

- Upward Bound is designed to assist students in preparing for and enrolling in the four-year college/university of their choice. Students who show potential, but need motivation and/or academic assistance in order to succeed in college may be nominated.
- This Recommendation Form is very important in the evaluation and selection of students.
- Please be as specific as possible in your remarks.
- Recommendation Forms can be returned to the student or returned directly to our office.
- Application Deadline: February 15th

Recommender's Name: \_\_\_\_\_  Math  Science

Phone: \_\_\_\_\_ Email Address: \_\_\_\_\_  English  History  AVID

1. How long have you known the applicant? \_\_\_\_\_

Under what circumstances? \_\_\_\_\_

2. Based on your knowledge of the applicant, please rate their academic skills or performance:

	Outstanding	Above Average	Average	Below Average	N/A
a) Academic Achievement/Grades					
b) Writing Skills					
c) Reading Skills					
d) Math Skills					

3. Based on your knowledge of the applicant, please rate their characteristics, motivation, and potential:

	Strongly Agree	Agree	Slightly Agree	Disagree	N/A
a) Has positive self-image					
b) Demonstrates leadership capability					
c) Self-starter, has intellectual curiosity					
d) Is highly motivated					
e) Handles frustrating or disappointing experiences well					
f) Has potential for academic growth					

4. What qualities best describe the applicant?

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5. Upward Bound Programs is a huge commitment in terms of both time and academic dedication. Are you aware of any current circumstances or problems that may affect the applicant's commitment and/or performance in the Program (e.g., family responsibilities, educational preparation, health or emotional aspects, etc.)?

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6. What is your assessment of the applicant's potential and motivation to succeed? What is your evaluation of the applicant's capability for undertaking college preparatory high school work?

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7. School/Class Attendance:  Excellent  Good  Fair  Poor

8. Recommendation level for this applicant to be admitted to the Upward Bound Program:  
 Strongly Recommend  Recommend  Recommend with Reservation  Do not Recommend

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

***Please return to the applicant or return directly to the Upward Bound office:***

**SSU Pre-Collegiate Programs  
Pre-Collegiate Programs  
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